

Rhonda 972 722 1530

**Pinnacle  
Pain Medicine**

Tanner Tuesday

Patient Name: Robert Plock

CPT/ICD-9: \_\_\_\_\_

Procedure: Bilat TFL LS/SI

Date: 5/29/13 Procedure Time: 11:15 am Arrival Time: 10:15 am

**Location of Procedure:**

\_\_\_ North Texas Surgical Center  
7992 West Virginia  
Dallas, TX 75237  
972-283-2400

\_\_\_ Select Pain & Treatment  
1778 N. Plano Rd. Suite 300  
Richardson, TX 75081  
972-234-4740

\_\_\_ Advanced Pain Medicine-Waxahachie  
507 N. HWY 77 Ste. 902  
Waxahachie, TX 75165  
972-572-6101

\_\_\_ Rockwall Surgery Ctr.  
825 W. Yellow Jacket  
Rockwall, TX 75087  
972-772-6166

\_\_\_ N. Central Surgical Ctr./Pain Management Ctr.  
9301 N. Central Expwy, TOWER 1 2<sup>nd</sup> Floor  
Dallas, TX 75231  
214-265-2810

X Swiss Avenue Surgicenter  
4103 Swiss Avenue Ste. B  
Dallas, TX 75204  
214-821-2001

\_\_\_ Advanced Pain Medicine-Arlington  
800 West Arbrook Blvd. Ste. 120  
Arlington, TX 76015  
817-468-4343

\_\_\_ Heath Surgicare  
6435 S. FM 549 Ste. 101  
Heath, TX 75204  
972-722-9003

\_\_\_ Methodist Hospital for Surgery  
17101 N. Dallas Parkway  
Addison, TX 75001  
469-248-3900

**INSTRUCTIONS: (PLEASE READ AND FOLLOW INSTRUCTIONS CAREFULLY)**

\_\_\_ ♦ **ARRIVE 1 HOUR BEFORE** the time your procedure is scheduled unless otherwise indicated by the facility.

\_\_\_ ♦ **NPO (Nothing to eat or drink) after midnight.** \*\*Including no chewing tobacco, gum, mints, etc.\*\* If your procedure is scheduled after 12 noon, you may have clear liquids (water, Sprite, Gatorade, or 7up), including black coffee (no cream, sugar, milk) **SIX** hours before your procedure time.  
(Example: If your procedure is at 2pm, NO liquids after 8am)

\_\_\_ ♦ You must have someone drive you home after the procedure. A taxi or bus is not acceptable.

\_\_\_ ♦ If you take blood thinners (Aspirin, Plavix, or Coumadin) you must stop these medications **7 days** prior to your procedure. If you don't, you will be rescheduled. \*\*Herbal supplements are also considered a blood thinner.\*\*

\_\_\_ ♦ If you are diabetic and take oral diabetic medication, please do not take the medication the day of your procedure. If you take insulin, please inform your doctor for further instructions. Please check your blood sugar the morning of your procedure and report the findings to your doctor.

\_\_\_ ♦ You may take heart medicine, blood pressure medicine, or pain medicine with a sip of water just enough to get your pill down.

\_\_\_ ♦ Please shower the night before your procedure and the day of your procedure to avoid infections.

\_\_\_ Scott A. Berlin, MD, DABPM  
Board Certified  
American Board of Anesthesiology and Pain Medicine  
\_\_\_ Andrew J. Cottingham, MD, DABPM  
Board Certified  
American Board of Anesthesiology and Pain Medicine  
\_\_\_ Aaron T. Lloyd, MD, DABPM  
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X Tibor Racz, MD, FIPP  
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Board Certified  
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\_\_\_ Michael Phillips, MD, DABPM  
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